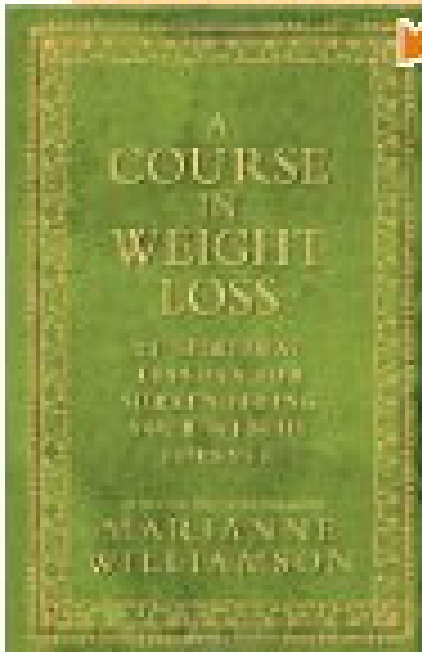


**LOOK INSIDE!**



## **A COURSE IN WEIGHT RELEASE (Unblocking Your Blessings)**

**6 Thursdays  
beginning March 1**

**7:30—9:00 PM**

**7960 West Beach Dr. NW  
Washington DC 20012  
(202) 882-9644**

**According to Oprah Winfrey, “being overweight is a spiritual issue, and spiritual growth is required to overcome it.” Extra pounds started as an emotional burden that you’ve buried and tried to soothe with food (or sex, or gambling, or television). If you’d like to stop feeding your feelings, connect with your thinner, happier self and lighten your heart, then you will be able to take the outer actions necessary to improve your life. We will apply powerfully effective spiritual teachings, including those from Marianne Williamson’s new book, spiritual healing energy, emotional freedom techniques, and life coaching, you will be able to release the emotional weight and the physical weight that has blocked your blessings. Suggested Donation \$125 Members/150 Friends. 6 Thursdays beginning March 1 @ 7:30 pm.**

Rev. Jim Webb is an accomplished spiritual teacher, author, psychic, channel and coach. He serves as the Senior Minister of the Takoma Park Chapel, and on the faculty of the New Seminary, Iyanla VanZant’s Inner Visions Institute for Spiritual Development. He has taught workshops nationally and appeared on national television in conjunction with his books “Pathways to Inner Peace” and “The Keys to Enlightened Living”. His powerful teaching methods, wisdom, coaching and insights have helped many to overcome blockages and achieve the prosperity that they desire.

