

Gail was Sequethia's first cousin and one of Sequethia's first friends. They grew up together and were kindred spirits. Gail had always been painfully shy, because as a child she had crippling arthritis. Because Sequethia was a different kind of girl, she and Gail bonded, mimicking the closeness of their Mothers, who were sisters born one year apart. Gail was the tender, gentle Yin to Sequethia's high strung Yang. Sequethia loved Gail with all her heart, and her heart was shattered when Gail died. She could hardly believe that it had been almost 15 years since Sequethia "got the call" at 5 am that Gail had died.

Devastated could not begin to describe the feeling that Sequethia had when hearing of Gail's death. It was as if her whole being had been put through a paper shredder. She was consumed by guilt, not only because she had moved away from the small town where they grew up, but also because their last interaction was a fight, where Sequethia was judging Gail for getting pregnant, given her fragile health. The only thing that assuaged Sequethia's guilt was the one thing Gail left her -- A thick blue book entitled "A Course In Miracles". In it, Gail wrote, with eerie prescience, "My Beloved Sequethia, all is forgiven, yet there is nothing to forgive".